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## Commonly Requested Podiatry Compounding Ideas



### Plantar Fasciitis

- Ketoprofen 20%/Ibuprofen 2%/Ketamine 2%/Clonidine 0.2%/Amitriptyline HCl 2%/Guaifenesin 2% Topical Lipoderm
- Ketoprofen 10%/Guaifenesin 10%/Capsaicin 0.025%/Lidocaine 2%/Amitriptyline HCl 2% Topical Lipoderm
- Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm
- Baclofen 5%/Ketoprofen 10%/Lidocaine 5%/Gabapentin 5% Topical Lipoderm
- Amitriptyline HCl 2%/Ketoprofen 2%/Carbamazepine 2% Topical Lipoderm

### Burning Foot Syndrome

- Amitriptyline HCl 2%/Baclofen 5%/Ketamine HCl 5%/Ketoprofen 10% Topical Lipoderm
- Amitriptyline HCl 2%/Baclofen 2% Topical Lipoderm
- Ketoprofen 10%/Guaifenesin 10%/Capsaicin 0.025%/Lidocaine 2%/Amitriptyline HCl 2% Topical Lipoderm
- Ketamine 10%/Gabapentin 6%/Clonidine 0.2%/Nifedipine 2% Topical Lipoderm
- Gabapentin 10%/Clonidine HCl 0.2%/Baclofen 1% Topical Anhydrous Lipoderm

### Diabetic Toes

- Nifedipine 4% Topical Lipoderm
- Pentoxifylline (5%, 10% & 15%) Lipoderm Transdermal
- Nifedipine 16% Topical Lipoderm (**Toe Butter**)
- Ketamine 10%/Gabapentin 6%/Clonidine 0.2%/Nifedipine 2% Topical Lipoderm

### Raynaud's Phenomenon

- Nifedipine 16% Topical Lipoderm (**Toe Butter**)
- Nifedipine 4% Topical Lipoderm
- Pentoxifylline (5%, 10% & 15%) Lipoderm Transdermal

### Rough/Dry Feet

- Urea 8% Topical Cream
- Urea 20%/Lactic Acid 5% Topical Cream



### Warts

- Cimetidine 10%/Deoxy-D-Glucose 0.29%/Ibuprofen 2% Topical Lipoderm (**Often Requested for Plantar Warts**)
- Salicylic Acid 40% Ointment
- Dinitrochlorobenzene 0.05% Topical Ointment (**Sensitization Therapy**)
- Diphenylcyclopropenone Solution (**Sensitization Therapy**)
- Cantharidin Plus Topical Liquid
- Fluorouracil 5%/Salicylic Acid 15%/Cimetidine 5%/Deoxy-D-Glucose 0.2% Topical Lipoderm (**Often Requested for Plantar Warts**)

### Amputation Pain

- Ketoprofen 20%/Ibuprofen 2%/Ketamine 2%/Clonidine 0.2%/Amitriptyline HCl 2%/Guaifenesin 2% Topical Lipoderm
- Ketoprofen 10%/Guaifenesin 10%/Capsaicin 0.025%/Lidocaine 2%/Amitriptyline HCl 2% Topical Lipoderm
- Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm
- Baclofen 5%/Ketoprofen 10%/Lidocaine 5%/Gabapentin 5% Topical Lipoderm
- Ketamine HCl 5%/Gabapentin 10%/Clonidine HCl 0.2%/Baclofen 2% Topical Lipoderm
- Ketoprofen 5%/Cyclobenzaprine HCl 0.5%/Lidocaine HCl 5%/Bupivacaine HCl 1% Topical Lipoderm

**These are just a few ideas – tell us your need – we may have a solution!**

Ask the Pharmacist  
About the Unique  
Features of the Polyox  
Bandage

### Inflammation from Injury

- Piroxicam 5% in Lipoderm Transdermal Gel
- Diclofenac Sodium 10% in Lipoderm Transdermal Gel
- Ketoprofen 10% Topical Lipoderm (Pentylene Glycol)
- Ibuprofen 20% in Lipoderm Transdermal Gel

### Nail Removal (Non-Surgical)

- Urea 40% Ointment
- Urea 40%/Bacitracin/Clotrimazole/Ibuprofen/DDG Ointment

### Nail Fungus

- Itraconazole 1%/Ibuprofen 2% in DMSO Nail Polish
- Fluconazole 1%/DMSO Topical Solution

### Circulation Problems

- Nifedipine 4% Topical Lipoderm
- Pentoxifylline (5%, 10% & 15%) Lipoderm Transdermal
- Nifedipine 16% Topical Lipoderm

### Diabetic Neuropathy

- Ketamine 10%/Gabapentin 6%/Clonidine 0.2%/Nifedipine 2% Topical Lipoderm
- Amitriptyline HCl 2%/Baclofen 5%/Ketamine HCl 5%/Ketoprofen 10% Topical Lipoderm
- Amitriptyline HCl 2%/Baclofen 2% % Topical Lipoderm
- Amitriptyline HCl 2%/Ketoprofen 2%/Carbamazepine 2% Topical Lipoderm

### Foot Cramps

- Guaifenesin (2% & 10%) in Lipoderm Base
- Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm
- Magnesium Chloride 10%/Peppermint 1% Topical Cream

### Hyperhidrosis of the Feet

- Glycopyrrolate 1% Topical Cream
- Glycopyrrolate 0.5% Topical Solution
- Glycopyrrolate 1% Topical Lotion

### Wound Care *Refer to the "Wound Care Compounding Ideas" sheet for additional ideas.*

- Phenytoin 5%/Misoprostol 0.0024% Topical Gel
- Phenytoin 2%/Misoprostol 0.0024%/Lidocaine 2%/Bupivacaine HCl 0.2%/Diphenhydramine HCl 1%/Aloe Vera 0.2% Polyox Bandage
- Misoprostol 0.0024%/Phenytoin 5%/Metronidazole 2% Topical Gel

### Corns/Callouses

- Salicylic Acid 10%/Podophyllum 10%/Trichloroacetic Acid 10% (W/V) Topical Solution **(Corn and Callus Therapy)**
- Salicylic Acid/Menthol Cream **(Corn and Callous Removal Cream)**



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